



Before your implant *consultation*.

A short list to make the most of your first visit: what to bring, what to mention and the questions patients often want answered. Print it, or keep it on your phone.

Bring with you

- ☐ A list of the medicines you take, with doses, including supplements.
- ☐ A list of any medical conditions and allergies.
- ☐ Recent dental X-rays, scans or reports, if you have them (on your phone or a USB stick is fine).
- ☐ Letters from your doctor or a previous dentist, if they relate to your teeth or treatment.
- ☐ Your questions, written down.

Questions worth asking

- ☐ What are my options, including the option of not treating?
- ☐ How many visits will this take, and over what period?
- ☐ Will I have teeth while the implants heal?
- ☐ Will I need extra steps, such as bone grafting?
- ☐ What are the risks in my case?
- ☐ How do I look after implants at home, and how often should they be checked?
- ☐ How is the cost of my treatment worked out?

Tell the dentist about

- ☐ Conditions such as diabetes, heart conditions or osteoporosis, and any treatment you have for them.
- ☐ Medicines that affect bleeding or bone, such as blood thinners or bone-strengthening medicines.
- ☐ Smoking or vaping, and how much.
- ☐ Pregnancy, or plans for pregnancy.
- ☐ Previous dental treatment and anything that worried you about it.

On the day

- ☐ Eat and take your usual medicines as normal, unless the clinic tells you otherwise.
- ☐ Brush and clean between your teeth as usual.
- ☐ Allow time for an examination and, if needed, X-rays or a scan.
- ☐ You are welcome to bring someone with you.

MY NOTES AND QUESTIONS

BEIRUT CLINIC

Hamra Piccadilly Center, 1st floor
Monday, Tuesday, Thursday, Friday

NABATIEH CLINIC

Mahmoud Fakih Street, Asad Jaber
Building, 2nd floor
Wednesday, Saturday

APPOINTMENTS

03 09 27 62

From abroad +961 3 092 762